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Police rescue man attempting to jump from ISBT building

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■ New Delhi

Delhi Police personnel rescued a 32-year-old man who was threatening to jump from the fifth floor of the ISBT Kashmere Gate building.

A Delhi police head constable climbed out through the window himself to reach the man and pull him back to safety, averting what could have been a tragedy.

Police said a PCR call was received on June 19 reporting that a man was standing at the building threatening to jump. Head Constable Ajay and Constable Piyush of the ISBT police post rushed to the spot and found the man standing on the outer ledge outside a fifth-floor window.

The two policemen began talking to the distressed man in an effort to calm him while simultaneously working out a plan to bring him to safety. A safety rope was secured around his waist, with the other end anchored inside the building as a precaution.

"Risking his own safety, Head Constable Ajay climbed



FILE PHOTO

out through the window and moved towards the man. At an opportune moment, he managed to grab hold of him and pull him back inside," a senior police officer said.

The rescued man has been identified as Mohammad Kamran, a resident of Unnao in Uttar Pradesh. After the rescue, he was provided counselling and, following verification, handed over to his father.

The episode highlights the kind of split-second judgment calls that police personnel at transit hubs like ISBT Kashmere Gate are sometimes called upon to make, balancing the need to keep a distressed person talking and calm against the urgency of physically intervening

before it is too late. The safety rope arrangement, anchored inside the building before Head Constable Ajay went out onto the ledge, reflects a degree of procedural caution even in a moment that demanded quick action.

Kamran's case ended with him being handed over to his father after counselling, suggesting police were able to establish contact with his family and ensure he would not be left without support following the incident.

Police did not disclose further details about what led to the distress that brought Kamran to the building's fifth floor that day, though that information was not material to the rescue effort that followed.